



RHRU

Reproductive Health & HIV Research Unit
of the University of the Witwatersrand, South Africa.



RHRU is a WHO
collaborating Centre

Training Programme in KwaZulu-Natal

15 February 2006



Reproductive Health & HIV Research Unit





- ❑ >40% HIV prevalence (antenatal)
- ❑ 12 million people
- ❑ 11 districts/ 534 clinics
- ❑ \pm 1.2-4 million HIV positive
- ❑ 30 000 currently on ART
- ❑ ART since April 2004
- ❑ Training since Aug 2004



- ☐ Strong DoH partnership
- ☐ Collaboration with district mgrs & HIV coordinators
- ☐ Addresses DoH needs
- ☐ Accredited
- ☐ Pre-/post evaluation
- ☐ Certificates
- ☐ 5 Trainers
- ☐ Other trainings
- ☐ Demand

Types of HIV Training



- ❑ 3 day foundational level PHC course + manual
 - ❑ 5 day ToT /master trainers course + manual
 - ❑ Modular HIV management (on-site/in-service)
 - CD4, WHO staging, VCT & Treatment readiness1 & 2 etc
-
- ❑ 9 day clinical HIV mgmt course for doctors



- ☐ Phase 1- PHC level (docs)
- ☐ Phase 2- Master trainers
- ☐ Phase 3- Support cascading by m-trainers & Monitoring
- ☐ Phase 4- Mentoring @ Facility Level

Comprehensive HIV training



District/Facilities (n)	# Trained	# of Trainings	# Trained/Clinic
Sisonke (25)	26	1	1.04
Amajuba (19)	78	2	4.11
Thungulu (53)	49	1	0.92
ILembe (31)	208	6	6.71
Zululand (59)	100	5	1.69
Mzinyathi (42)	130	5	3.09
Thukela (37)	152	5	4.11
Mkhanyakude (50)	81	3	1.62
Thekwini (128)	220	11	4.40
Ugu (45)	-	-	-
Mgungundlovu (56)	22	1	0.39
TOTAL (534)	1066	40	2

HCW Category Trained



- ☐ PHC Nurses 90%
- ☐ Doctors 5%
- ☐ Other HCW 5%

Training of 'Master' Trainers (ToTs)

- ☐ No of trainings = 4
- ☐ No of ToTs trained = 95 /11 districts



- ☐ High staff turnover
- ☐ Reluctance to cascade
- ☐ Coordination with other trainings
- ☐ Record-keeping @ district/province
- ☐ 'Familiar faces'
- ☐ Demand
- ☐ 2^o for funding